



APEX FRIENDSHIP HIGH SCHOOL

JUNIOR NEWSLETTER



CLASS OF 2024

November 2022

Promotion Requirements

School Counselors & Support Staff

Dean of Students – Ashley Wilson
awilson6@wcpss.net

Quzette Butler A – Co Jennifer Conley Me – R
qbutter@wcpss.net jconley@wcpss.net

Gretchen Krueger Cr – He Billy Lane S – Z
gkrueger@wcpss.net blane@wcpss.net

Stacy Davidson Hi – Mc Frances Hughes SAP
sdavidson2@wcpss.net fhughes@wcpss.net

Linda Brannan – Financial Aid Counselor
lbrannan@wcpss.net

To schedule an appointment, visit: www.wcpss.net/Page/36544

Additional Support

Lauren Connors Jennapher Wall
Receptionist Registrar

Tracey Wooten Cathy Howard
Intervention Coordinator Data Manager

Christie DeBerry Susan Parker
School Nurse School Psychologist

Promotion to Grade 12:

Minimum of 18 credits: Three credits must be English I, English II and English III, and enrollment in remaining courses required to graduate.

Graduation Requirements

Curriculum	Units	Courses
English	4	English I, II, III, and IV
Mathematics	4	Math 1; Math 2; Math 3; and fourth math course based on student's post-high school plans
Science	3	Earth Science or AP Environmental Science; Biology; and either Physical Science, Chemistry, or Physics
Social Studies	4	World History; Civic Literacy or AP Government; American History or APUSH; Economics & Personal Finance
Health & PE	1	Healthful Living
Required Electives	2	2 electives of any combination from either CTE, Arts Education or World Language
Additional Electives	8	Courses from any subject area 4 electives <i>strongly recommended</i> to concentrate in one area (CTE, Arts, or any other subject area)
Total	26	MINIMUM required to graduate

Early Release/Late Arrival for Senior Year

- You may request up to two periods off at the beginning or end of the school day for work, internship, and/or other approved opportunities.
- You may submit this form at the end of your Junior year or during the first week of school during Senior year.
- Approval is based on course availability and remaining credits needed.
- Dropping courses may impact college admissions' decisions

To earn Latin Honors at Graduation:

- Summa Cum Laude: 4.25 weighted GPA or higher
- Magna Cum Laude: 4.00 to 4.249 weighted GPA
- Cum Laude: 3.75 to 3.99 weighted GPA

Need Extra Help?

- Emotional Support Resources:**
<https://www.wcpss.net/Page/47558>
- Academic Resources:**
<https://www.wcpss.net/Page/36562>
- AFHS Peer Tutoring:** Please speak with your teacher to have them submit a request for an NHS Tutor.
- Approved WCPSS Tutors:**
<https://www.wcpss.net/Page/36563>
- AFHS Student Services:**
<https://www.wcpss.net/domain/13891>

Wake Tech's CCP

- Take community college courses tuition-free
- Online and hybrid courses available
- Summer courses also available
- bit.ly/WakeTechCCP

Mid-Year Graduation

- Must meet with your counselor to discuss graduation requirements and post-grad plans.
- Must be approved by Mr. Pittman.
- Priority Deadline: Friday, May 19th, 2023.

NCAA Eligibility Center

To be certified eligible play Div. I or Div. II athletics in college, register at the NCAA Initial Eligibility Center online at <https://web3.ncaa.org/ecwr3/>.

Career Planning

- ❑ Start your search early! Contact our Career Development Coordinator, Mrs. Guinn (tguinn@wcpss.net)
- ❑ Identify individuals who may provide a reference
- ❑ Career planning websites:
 - <http://careerounselormrsguinn.weebly.com/>
 - www.majorclarity.com
 - NC Apprenticeship Program: <https://www.nctap.org/>
 - Job Training Programs: www.waketech.edu/programs-courses/non-credit/enhance-your-career/career-pathways

11TH GRADE PLANNING TIMELINE



Grade Point Average (GPA): Your GPA is the sum of all the quality points earned divided by the total number of attempted credits.

Standard	Honors	AP or CCP**
A = 4 Pts	A = 4.5 Pts	A = 5 Pts
B = 3 Pts	B = 3.5 Pts	B = 4 Pts
C = 2 Pts	C = 2.5 Pts	C = 3 Pts
D = 1 Pt	D = 1.5 Pts	D = 2 Pts
F = 0 Pts	F = 0 Pts	F = 0 Pts

** Only college transfer courses

College Eligibility: The **Minimum Course Requirements (MCR)** for the University of North Carolina System of Higher Education determine your eligibility to apply. Completing these courses means you have satisfied the minimum requirements needed to be *eligible to apply* to a public university in North Carolina. The requirements are:

- ❑ A minimum weighted GPA of 2.5 – or – minimum of 19 on the ACT OR 1010 (combined Verbal and Math) on the SAT
- ❑ 4 credits of English
- ❑ 4 credits of Math (Math 1, 2, 3 and one credit beyond Math 3)
- ❑ 4 credits of Social Studies (World History; Civic Literacy; American History or APUSH; Economics & Personal Finance)
- ❑ 3 credits of Science [Earth Science; Biology; Physical Science (Physical Science, Chemistry, or Physics)]
- ❑ 2 consecutive credits of the same foreign language

***It is also strongly recommended by colleges that you take a math course during your senior year of high school. Students are also encouraged to take more than just two years of a foreign language when considering more competitive colleges/universities.



Interest in the Military

- Research the different military branches: [Army](#), [Navy](#), [Marines](#), [Air Force](#), and [Coast Guard](#)
- Meet with a branch recruiter along with a parent or guardian
- Take the ASVAB

Useful Websites for College Planning

Apex Friendship High School <https://www.wcpss.net/apexfriendships>

Check out our website for current happenings at our school. **Visit the Student**

Services section for college admissions' profiles of our recent graduates, scholarship information, planning guides for high school and much more!

The College Foundation of North Carolina www.CFNC.org

This excellent website **helps you plan for college, apply to college and learn how to pay for college**. Includes specific information on all colleges and universities in NC, including community colleges; career information; high school course planner and scholarship information. Students can use CFNC to apply to NC schools, send transcripts, and much more.

The Common Application – Apply to most of your colleges in one place! Juniors can create their profile, but DO NOT begin applying to school until after August 1. <https://www.commonapp.org/plan/your-path-to-college/11th-grade>

Big Future www.bigfuture.org
Research colleges, the admissions process, financial aid, and scholarships.

SAT Test Prep <https://www.khanacademy.org/sat>
Free, personalized SAT test prep offered through Khan Academy. Link your PSAT or SAT Score Report or take the quizzes offered to identify your areas of need.

ACT Test Prep <https://rb.gv/5ijgcx>
Free, ACT test prep provided by the ACT. Find full practice exam as well as order their free test prep guide.

Basics of Financial Aid for Juniors <https://rb.gv/21nsix>
Handout provided by our Financial Aid Counselor, Linda Brannan, provides a great overview of the financial aid process.

What Colleges Consider

- Challenging course selection
- Course grades
- Standardized test scores
- Strong application
 - Personal statement
 - Supplement essays
 - Recommendations
- Extracurricular activities
 - Sports & Clubs
 - Work, internships, etc.
- Community service

What you Should Consider

- Your intended major
- Average GPA & test scores of admitted students
- Cost
- Type/size
- Location/geography
- Campus life
- Academic & professional opportunities (study abroad, internships, job placement etc.)

EARLY DECISION

Binding: must withdraw all other applications if admitted to attend that school

Can apply only for Early Action and Regular Deadline at other schools

Due usually between Oct 15 - Nov 1; notified by Dec 1-Jan 1

Early Decision II is offered by some schools; similar rules but later application

EARLY ACTION

Non-binding: must commit or decline typically by May 1

No restrictions on applying to other schools for Early Action and Regular Deadline

Due usually between Oct 15 - Nov 1; notified by Dec 1-Jan 1

A great way to take the pressure off! Beneficial for financial aid candidates!